



COFFS
HARBOUR
CHRISTIAN
COMMUNITY
SCHOOL

Junior Campus
27 Curacoa Street
Coffs Harbour
A.C.N.
002 510 456
Phone: 6652 6433
Fax: 6652 7406
Co-Heads of Junior
School:
Daryl Davey &
Terrence Yardley

PLEASE PRAY

- *Pray for our Parent / Teacher Interviews*
- *Pray for our teachers as they prepare for another busy term*
- *Pray that this term will see students challenge themselves & be excited to learn*

Coffs Harbour Christian Community School

Junior School Newsletter

Email: jsadmin@coffsccs.nsw.edu.au

Website: www.coffsccs.nsw.edu.au

Newsletter Date 18 July 2016

Week 1 of 10 Term 3

Take Time To Rest

The Japanese word, **Karōshi**, can be translated literally as “overwork death”. It is a documented phenomenon in Japan, and describes the occupational sudden death of people in the prime of their lives. The 29 year old who dies at his desk, surrounded by piled up work documents. The 38 year old who falls asleep on the train and doesn’t wake up after working a 110 hour week. Longer hours, shorter holidays, the pressure to perform and the excessive sense of competition in Japanese culture have seen Karōshi cases soar.

God gave us the fourth commandment for good reason: “Remember the Sabbath day, to keep it holy.”

Rest is not a guilty pleasure. It is a grace-filled reminder that we are merely human, and we are to be dependant on a mighty God. It is a command! We need to separate ourselves from our work, our responsibilities and the demands of our crazy schedules. We need to step back and acknowledge our weakness. And in those moments, savour the words of Jesus: “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.” Matthew 11:28

Today, it is harder than ever to switch off. We get an email straight to our phone at 8 o’clock at night and feel the urge to reply straight away. Social media forces us to see how everybody else is succeeding. But it is crucial that we make the decision to rest. For our physical health, for our mental health, for our spiritual health, we need to leave work behind and be still.

What a blessing holidays are, I hope you all had a rest-filled time with your families. And if you didn’t, take some time this week to stop and reflect, and draw near to Him.

**“Be still, and know that I am God.”
Psalm 46:10**

**Terrence Yardley
Co-Head of Junior School**



Week

1



Report Info Night

The Junior School's new Student Report format will be explained this Wednesday evening (20 July) at 7:00pm at an Information session in the Library. This session will provide information regarding the changes in layout. All parents are welcome. Semester 1 Reports are due out on Friday 29 July 2016.

Parent/Teacher Interviews

This week an email will be sent to all Junior School families giving access to interview times for each child's teacher. The Parent/Teacher interviews will take place on Tuesday 9 August and Wednesday 17 August. Please note that you will be unable to make appointments after these dates. We suggest you take the time to book these appointments as soon as possible.

By clicking on the link embedded in the email you will have a table come up which has your child's class teacher. You simply click on the time which suits you and it will block this time out.

What do you do if you need to change a booking?

Simply re-click on the booking to remove it and then click on the new time.

If you do not receive this email or do not have an email address, could you please contact the Junior School office on 6652 6433 to either check we have your correct email address, or to make appointments over the phone.

Uniform Update

Girls can now wear navy tights under skorts. Please note that tights OR socks are to be worn independently, not together. Navy track pants can be worn and will soon be replaced by a high quality fleece pant from our Uniform Shop. Any clothing that is worn under the school polo top is not to be seen. Black shoes always.



Canteen Help for Term 3

We are always very grateful to our wonderful parents who help out in our canteen. We need to fill a few spots on Wednesday and Fridays, so if you are able to lend a hand regularly or even occasionally, we would love to hear from you. Wednesday is our burger day which our students love, and is very easy to run as most of the preparation is already done. Please call Rebecca or Jacqui if you can help.

Lost Property Reminder

Our Lost Property box was overflowing at the end of Term 2! There was an abundance of uniform items with no names that have now been washed and added to our clothing pool for repurchase. **Please please put your child's name on all clothing, drink bottles and lunch boxes and we will happily return them to you.**

Churchtime Guest

We have a special guest at Churchtime this week. Welcome Sean W. Smith who brings an entertaining message through music. Parents are most welcome to join us from 9-10am.



Update Your Calendar

Mon 18/7 - First day Term 3
 Wed 20/7-Report Info Night
 Tue 26/7-Zone Athletics Carnival
 Fri 29/7-Reports go home
 Tue 9/8-Assembly
 Tue 9/8-Parent/Teacher Int 1
 Wed 17/8-Parent/Teacher Int 2
 Fri 26/8-Brainstorm Productions
 Tue 6/9-Assembly
 Wed 7/9-BASSA Yrs 3 & 4
 Fri 23/9 -Last Day Term 3
 Mon 10/10-First day Term 4
 Tue 6/12-Last Day Term 4

Operation Christmas Child



We are excited to be part of this fabulous program once again. For those new to how Operation Christmas Child works—families are encouraged **to collect appropriate gift items and fill a 'shoe box'** which is then sent to children in underprivileged countries. The joy that these gifts bring is delightfully over-

whelming, and we would love as many families to be part of this as possible. Specially made shoe boxes will be delivered to school this week, so please discuss with your child

whether or not you will be taking part.

A brochure outlining acceptable gift items will be attached to next weeks newsletter. Thank you for being a blessing.



Student Banking News

There is a spectacular School Banking competition starting in Term 3. The Dollarmites are giving students who demonstrate regular saving practice the chance to win one of hundreds of prizes including Fujifilm Instax Cameras, Camping kits, magazine subscriptions and PlayStation 4 packs! For more information please ask at the office for a flyer. *Remember school banking is every Friday.*



Coffs Coast Cycle Challenge



The Coffs City Rotary Club will be conducting the 7th annual Coffs Coast Cycle Challenge in August. The event has grown from 200 riders to over 800 and is now a well established event on the Coffs sporting calendar. The event is aimed at competitive and recreational cyclists, with rides of 100km, 60km, 40km, 20km and 10km. More young people are encouraged to join the event, and there will be prizes for each category.

For more info visit their website www.coffscostcyclechallenge.com

Skipping Comp Winner

Announcing the winner of the Skipping Competition held last term:
Rhiannah Baff
Well done!

